

ANNUAL REPORT 2024 – 2025

SHREENIRMAL VIVEK SPECIAL SCHOOL, HOSTEL & VTC

The “*Society for Welfare of Mentally Handicapped*” was founded on 2nd October 1988 by Shreepal Chand Mehta and Smt. Nirmala Mehta. Owing to the unwavering dedication of this visionary chartered accountant couple, the organization has grown remarkably over the years. The



journey began in a modest rented house with just seven children. On 23rd April 1990, a heartbreaking tragedy occurred in which the entire Mehta family sadly lost their lives, leaving behind a profound and irreplaceable void. Yet, buoyed by the support of well-wishers and the community, the institution pressed forward with renewed strength and continues to do so to this day.

The core mission of the institution is to foster the comprehensive development of children with mental and physical challenges, with the ultimate aim of integrating them into mainstream society. Today, with the help of latest facilities, a committed team, and relentless perseverance, the organization has been flourishing for 35 years. More than 120 differently-abled boys and girls are currently receiving education and training here. A devoted team of special educators and expert professionals cater specifically to the needs of the mentally and physically challenged, and support their growth and development. Students with conditions such as Hyperactivity, Autism, Cerebral Palsy, and Down Syndrome benefit from specialized educational and therapeutic programs.

Currently, the institution proudly operates a range of dedicated initiatives: the special school "**ShreeNirmal**," the residential hostel "**Vivek**," the Vocational Training Centre "**Samarth**," and a comprehensive two-year Diploma in Special Education program known as "**Prerna**" which is recognized by the Rehabilitation Council of India (RCI).

SHREENIRMAL VIVEK SPECIAL SCHOOL


ShreeNirmal Vivek Special School is a heartfelt initiative dedicated to nurturing the abilities and building the confidence of children with disabilities. Under the leadership of Mr. C. S. Trivedi, the school is committed to empowering each child to unlock their fullest potential and move as close as possible toward independence. Students who, due to various circumstances, are unable to access formal schooling are included in a home-based re-enrolment program, designed to gradually guide them into mainstream education. Every child's journey is carefully shaped through an Individualized Educational Plan, tailored to meet their unique needs and strengths.

Admission to the school is open to children from the age of 4 years. As part of the admission procedure each prospective student undergoes a five-day observation conducted by an experienced psychologist, ensuring that the child receives a right start to their learning journey. Upon completion of this period, the child is formally admitted to the institution. Subsequently, comprehensive psychological and educational assessments are conducted, and based on the child's intelligence and capabilities, they are placed into a suitable classroom setting. Today, the school proudly runs seven classes, with 84 wonderful students learning, growing, and thriving within its nurturing environment.

1) **E.I.G.** (Early Intervention Group) : Led by *Ms. Priyanka*, this is the youngest group in the school, welcoming children aged 4 years and above. Currently, 15 students are enrolled. The focus is on developing daily living skills and refining school-based fine motor abilities, laying a strong foundation for future learning.



2) **Care Group** : Under the dedicated care of *Ms. Anand*, this class supports 8 students who require significant assistance with their daily needs. The focus is on nurturing highest possible independence in personal care and daily routines through patient and compassionate guidance.

- 3) **Pre-Primary-I** : Guided by *Ms. Pallavi*, this class caters to 11 students aged between 7 and 11 years. The curriculum emphasizes basic educational activities, early literacy and numeracy, along with daily living skills to encourage self-reliance and social development.
- 4) **Pre-Primary-II** : Facilitated by *Ms. Anuradha*, this class also serves students aged 7 to 11 years, but at a more advanced level. Here, 12 students receive structured academic instruction, enhanced communication skills training, and more refined daily living skills activities, preparing them for entry into higher levels of education.
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- 5) **Secondary Class** : Under the guidance of *Ms. Jyoti*, the Secondary Class accommodates 12 students aged 11 to 14 years. The focus is on strengthening foundational academics, alongside daily living skills. Students also engage in a dedicated hour of Activities of Daily Living (ADLs) aimed at promoting practical life independence.
- 6) **Pre-Vocational Class** : Led by *Mr. Manish*, this class prepares 13 students aged 15 to 18 years for future vocational opportunities by equipping them with essential skills. Training focuses on developing practical abilities such as cutting, pasting, threading a needle, and other foundational tasks that can pave the way toward financial independence and self-sufficiency.
- 7) **N.I.O.S. Class** : Supervised by *Ms. Chandrakanta*, this class supports 13 students between the ages of 10 and 18. Students are trained in basic academic competencies, following the curriculum of the National Institute of Open Schooling (N.I.O.S.), with the aim of achieving recognized educational certifications.

Facilities in the School –

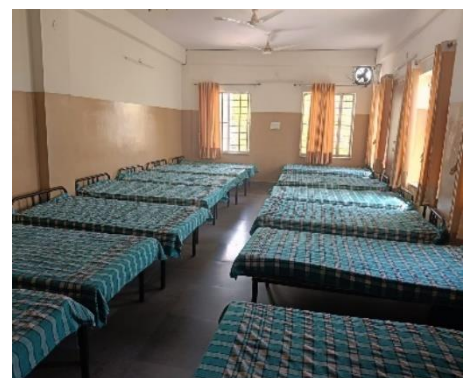
- Psychologist for counselling and mental well-being
- Psychological lab with a wide range of assessment and screening tools
- Speech and Language Therapy services
- Occupational and Physiotherapy services with a fully equipped therapy room

- Smart Classrooms for interactive audiovisual learning
- Vocational Training Centre (VTC) for skill-building and career preparation
- Music Class with a variety of musical instruments
- Fully equipped Cooking Class for life skills training
- Sports Ground for physical activities and recreation
- Elevator for easy accessibility across the campus
- Hostel facilities with kitchen, dining hall, dormitories, laundry area, study room, TV room, and more

Parent-Teacher Meetings are also held at regular intervals with the primary objective of keeping parents informed about the academic and developmental progress of their children. These meetings serve as a vital platform for meaningful collaboration between educators and parents, ensuring a unified approach to the child's overall growth. During these sessions, teachers not only share detailed progress reports but also offer personalized suggestions and strategies that parents can implement at home to further support and reinforce learning. This ongoing communication plays a crucial role in creating a supportive and consistent environment for the child's development.

VIVEK HOSTEL

The organization has established the "Vivek" Hostel, which offers residential facilities for over 35 differently-abled students from remote rural areas. The children in hostel do not have severe behavioural challenges and are able to perform basic activities of daily living. Under the dedicated supervision of Mr. Mukesh, the warden, who is present at the hostel 24/7 along with four assistants, the students are supported in acquiring essential daily life skills and routines, helping them achieve independence and self-sufficiency.



The entire hostel is centrally air-conditioned, offering a comfortable environment throughout the year with a television in each room, for recreational purposes, and a dedicated study room is available to encourage academic focus. Apart from this, each child is provided with their own space for personal belongings such as clothes and footwear. Additional amenities



include a laundry setup, kitchen, and dining area, with a focus on providing nutritious meals and a balanced diet. Medications are administered on time to students who require them, including those with conditions such as seizures or allergies. Along with addressing daily life challenges, the hostel ensures continuous education and skill-based training to support the students' holistic development.

The overall aim is to create an environment that is as close to a home as possible, where the children feel comfortable, supported, and encouraged to thrive.

The daily routine at "Vivek" Hostel begins with wake-up time at 7 am, followed by breakfast at 8:30 am. After breakfast, students get ready for school, which starts at 10 am. At 1 pm, they return to the hostel for lunch, and then head back to school, which finishes at 3 pm. A fruit break follows at 4 pm post which the students enjoy outdoor playtime, and then have some TV or study time from 7 to 8 pm. Afterward, medication is given to those who require it, followed by dinner at 8:30 pm. The day wraps up with sleep time at 9:30 pm.

"SAMARTH" : Vocational Training Centre for Special Youth

The "Samarth" Vocational Training Centre holds the distinction of being Rajasthan's first training facility dedicated to special youth. At present, 37 boys and girls, above the age of 18 years, are receiving structured training here. The importance of vocational training for individuals with special needs cannot be overstated—it plays a crucial role in enhancing their independence, boosting self-esteem,



and enabling them to engage meaningfully in society. Developing vocational skills not only provides them with opportunities for economic self-sufficiency but also fosters a sense of dignity, purpose, and social inclusion.

Products crafted by these talented young individuals are regularly showcased at exhibitions that are held on occasions such as Independence Day, Republic Day, Raksha Bandhan, and Diwali. Sometimes, these products are also shared with other institutions. The profits earned through the sale of these products are distributed among the trainees, reinforcing their sense of achievement and financial empowerment.

Vocational Training Activities Include:

- **Art and Craft:**

- Creating pouches from recycled newspapers
- Designing decorative bags and gift envelopes
- Producing handmade paper sheets using a paper recycling machine
- Crafting wall hangings
- Making Rakhis (traditional bracelets)
- Designing gift articles
- Decorating diyas and making candles



- **Financial Literacy & Money Management:**

Students are taught to recognize currency and are trained to carry out simple financial transactions, such as purchasing items from shops. They also learn basic money management skills to help them handle personal finances independently.

- **Flour Mill Work:**

A large Flour Mill installed within the hostel premises trains students in wheat grinding activities, providing them with hands-on practical skills.

- **Housekeeping Activities:**

Students are trained in essential housekeeping tasks such as setting bed sheets, changing pillow covers, dusting, and maintaining personal living spaces.

- **Gardening Activities:**

Students are engaged in activities like watering plants, trimming, growing vegetables, and maintaining the garden, which helps in fostering a sense of responsibility and connection with nature.

- **Sewing and Embroidery Work:**

The sewing unit is equipped with five sewing machines and one embroidery machine. Currently, seven students are trained to operate these machines to produce various items, including:

- Potli bags
- Aprons and Roti covers
- Table mats and Cushion covers
- Sari covers and pooja thali covers
- Tulsi plant dresses
- Jute carry bags, pouches, wallets
- Welcome strips



- **Paper Mache Craft:**

Students engage in making decorative items, paintings, and sceneries using traditional paper mache techniques.

- **Culinary Skills:**

Students receive training in preparing simple snacks and dishes such as sandwiches, flour-based items, bhel puri, soups, pizzas, laddus, and more, fostering greater independence in daily living.

“PRERNA” : Diploma in Special Education

Recognizing the growing need for qualified special educators, ShreeNirmal Vivek School has been committed to addressing this gap. Since 2012, the organization has been authorized by the Rehabilitation Council of India (RCI), New Delhi, to conduct a two-year Diploma in Special Education (Intellectual Developmental Disability). The program offers 35 seats annually for each year of the diploma, enabling approximately 70 trainee teachers to receive comprehensive training every year. Upon successful completion, trainees are awarded certification by the Rehabilitation Council of India, New Delhi, equipping them with the credentials to work in the field of special education.



The institute has earned a strong reputation for the quality of its teacher training. Many of its graduates have been successfully selected for positions in both state and central government institutions, reflecting the high standards of education and professional preparation provided.

PSYCHOLOGY LAB

Understanding the psychological needs of special children is essential for their education, emotional growth, and behavior management. Psychological assessments help identify a child's strengths and challenges, allowing for tailored interventions that support their development and independence.

At ShreeNirmal Vivek School, the Psychological Laboratory plays a key role in this process. Upon a child's admission, psychologist Ms. Prerna, collects a detailed developmental and behavioral history from the parents. Based on this, an assessment of the child's intellectual, emotional, and behavioural abilities is conducted. The findings are used to create a personalized behaviour management plan, which is shared with teachers and trainers to guide day-to-day interactions.

The lab is equipped with a wide range of standardized tools to screen and diagnose conditions such as intellectual disabilities, learning disorders, ADHD, autism, and various personality traits. These assessments are vital for planning individualized educational programs and therapeutic support.

The assessment tools available in the Psychological Laboratory include:

- Bhatia Battery Test (BBT)
- Seguin Form Board Test (SFBT)
- Wechsler Adult Performance Intelligence Scale (WAPIS)
- Children's Personality Questionnaire (CPQ)
- Malin's Intelligence Scale for Indian Children (MISIC)
- Specific Learning Disability: Comprehensive Diagnostic Battery (SLD: CDB)
- Binet-Kamat Test (BKT)
- Specific Learning Disability: Screening Questionnaire (SLD: SQ)
- Diagnostic Test of Attention-Deficit Hyperactivity Disorder (DT-ADHD)
- Vineland Social Maturity Scale (VSMS)
- Indian Scale for Assessment of Autism (ISAA)
- Childhood Autism Rating Scale (CARS)
- BASIC-MR: Behavioural Assessment Scales for Indian Children with Mental Retardation

PHYSIOTHERAPY & OCCUPATIONAL THERAPY UNIT

At ShreeNirmal Vivek School, the Physiotherapy and Occupational Therapy units work together to promote the physical and functional development of children with disabilities. The department is led by Dr. Madan Mohan Khinchi, an experienced physiotherapist dedicated to supporting the unique needs of each child. Physiotherapy focuses on improving muscle tone and enhancing gross motor skills such as standing, walking, climbing, and descending stairs. Occupational Therapy, meanwhile, aims to build independence in daily living activities like brushing teeth, using the toilet, and other essential



self-care tasks. Together, these therapies play a crucial role in enhancing the children's mobility, independence, and quality of life.

The physiotherapist conducts detailed assessments and provides regular follow-ups to monitor each child's progress and adapt interventions as needed. Currently, around 30 students require physiotherapy support and visit the physiotherapy room almost daily for individualized sessions.



The therapy unit is well-equipped with a range of specialized tools and devices, including parallel bars, standing frame, treadmill, cycle, quadriceps table, Swiss balls, shoulder wheel, fine motor wooden block, ladders, wedge board, hand exercise tables, twisters, wobble board, and a magnetic hand board for fine motor skill development.

SPEECH & LANGUAGE THERAPY UNIT

The Speech and Language Therapy Unit at ShreeNirmal Vivek School plays a vital role in supporting children with communication challenges. It caters to children facing difficulties in articulation, stammering, fluency, and speech development. The therapy also extends to children with autism and those with hearing impairments who require specialized approaches to improve communication skills.

To assess each child's needs accurately, a detailed *Speech and Language Performance* is used by the Speech Therapist, Mrs. Laad Verma. Based on the assessment, personalized therapy programs are developed, targeting specific areas such as articulation therapy for delayed speech, stammering therapy for fluency issues, hearing-impaired therapy, autism therapy, and broader speech-language interventions.



Children identified for therapy attend daily sessions where focused interventions are provided. To ensure consistent progress, a separate therapy notebook is maintained for each

child, documenting session outcomes, progress notes, and specific homework activities assigned to parents. This home-based practice helps reinforce therapy goals and accelerates the child's development.

Periodic follow-ups and adjustments to therapy plans are carried out to meet the evolving needs of each child, ensuring comprehensive support for their communication growth.

MUSIC THERAPY UNIT

"Where words fail, music speaks." At ShreeNirmal Vivek School, music becomes a bridge to the hearts and minds of special children — offering them a voice where words sometimes fall short. Music therapy is not just an activity; it is a powerful tool for physical, emotional, and mental growth. It nurtures creativity, brings inner peace,



and helps children who find academics challenging to engage more fully with learning. Every class enjoys a dedicated music session each day, where children are encouraged to sing, explore rhythm, and express themselves freely. The music room is vibrant with the sounds of the harmonium, tabla, congo, cajon, dholak, manjeere, and tambourine. Students who display musical aptitude are encouraged to master these instruments. Notably, two students from the NIOS class have shown remarkable skill — Rishab excels at playing the harmonium, while Rohan is highly talented with the congo. They, along with other students, proudly showcase their talents during school functions and celebrations.

SPORTS UNIT

At ShreeNirmal Vivek School, sports are seen as essential for the physical, emotional, and social growth of every child. The Sports Unit works to build teamwork, discipline, and perseverance through regular activities. Each class has a weekly sports period where students enjoy games like



volleyball, handball, football, running, badminton, and indoor games such as carrom. The school offers a wide range of sports equipment and facilities for badminton, cricket, football, volleyball, basketball, and skating. Students are also trained to participate in external competitions, where many have earned laurels for the school. Sports help students build confidence, resilience, and important life skills that support their overall development beyond academics.

SMART CLASS



At ShreeNirmal Vivek School, three state-of-the-art smart classrooms have been established to elevate the learning experience for all students. The primary objective of these smart classrooms is to simplify complex concepts and make education more engaging

and accessible. In subjects where traditional teaching methods might fall short, audiovisual tools are employed to offer clear, interactive explanations that enhance comprehension. The captivating nature of audiovisual content ensures that students remain engaged, deepening their understanding and making the learning process both enjoyable and impactful.

The N.I.O.S. Class benefits greatly from this technology, with students receiving instruction in a dynamic smart classroom environment. In addition, all other classes are provided with regular sessions, where they enjoy watching educational rhymes, stories, and other learning content on the smart board. These sessions not only engage students but also strengthen their learning with visual aids, further enriching their educational experience.

BAKERY UNIT

Established on 29th December 2024, a fully functional Bakery Unit was set up to empower the VTC and NIOS students with essential life skills. This initiative aims to foster independence and confidence by providing hands-on experience in basic culinary techniques.



The bakery is equipped with modern appliances such as an OTG, microwave oven, air fryer, refrigerator, mixer grinder, and other necessary tools, creating an ideal learning environment for students to explore and grow in the field of baking and cooking.

Gratitude for Enabling Growth – A Note to Our Benefactors

We extend our sincere thanks to Petronet LNG Ltd. for their generous donation of ₹48.50 lakhs, which enabled the expansion and renovation of the school and hostel. The hostel now includes 65-inch TVs, a structured dining hall, study room, almirahs, changing rooms, shoe racks, and washrooms designed to meet the needs of our special children. Additional facilities like geysers, a laundry area with two washing machines, a central cooling system, and RO systems have also been added.



In the Vocational Training Centre (VTC), a Recycling Unit was set up for making hand-made art paper, while the stitching unit received four computerized automatic sewing machines. A Sensory Park was built to aid physical development, along with separate toilets for female students and staff, and a multipurpose hall equipped with a projector and speaker.

A fully equipped Bakery Unit was also established for VTC students to develop essential cooking skills using an OTG, microwave, air fryer, refrigerator, and mixer grinder, fostering independence and vocational growth.



We are also deeply grateful to Smt. Kiranji Poddar and Shri Sureshji Poddar for donating a lift to the school. This addition has greatly improved accessibility, particularly benefiting students with physical impairments, and reflects our shared commitment to inclusivity.

The newly renovated school premises were inaugurated on 29th December 2024 in the presence of Mr. Depanjan (Senior Officer, Petronet LNG Ltd., Chief Guest) and Mr. Suresh Kumar Poddar (Chairman and M.D., Mayur Uniquotes, Special Guest), marking a proud milestone in our journey.

We remain deeply thankful to our benefactors whose unwavering support uplifts our mission of serving children with special needs.

EVENTS AT SHREENIRMAL VIVEK SCHOOL

REPUBLIC DAY

The Republic Day Celebration at ShreeNirmal Vivek Special School was held with great enthusiasm on January 26, 2025, beginning at 11:00 AM. The event commenced with the ceremonial hoisting of the national flag by the Chief Guest, Mr. Sandeep Mehta, Hon'ble Judge of the Supreme Court of India. As the flag rose high, the students united in harmony to sing the national anthem, filling the air with a deep sense of patriotism. This was followed by a spirited march past, performed by student contingents in honor of the Chief Guest.



Adding to the momentum, the students displayed their physical skills through a synchronized PT demonstration, which drew warm applause from the audience. The occasion then moved into a ceremonial welcome, where the Chief Guest was felicitated with a garland, followed by the honoring of Special Guests Mr. Mahendra Parakh (IAS) and Mr. Gaurav Bhandari from Mumbai, who were warmly received by the school community.

The atmosphere was further enriched as Mr. I.C. Srivastava (Chairman) extended a heartfelt welcome to all present, and Mr. V.C. Mehta provided a brief yet impactful overview of the school's mission and achievements. The cultural program that followed brought color

and emotion to the stage, with students presenting patriotic songs, vibrant group dances, and instrumental performances that reflected their talent and dedication.

Amid the celebrations, the Chief Guest addressed the gathering with inspiring words. He then released the 2025 edition of the school's magazine, "*Honsala*." This was followed by a sincere vote of thanks delivered by **Mr. N.K. Modi**, who acknowledged the efforts of all participants and guests. The Chief Guest also unveiled the newly installed lift, marking another milestone for the institution.

To conclude the day, guests were invited to visit a thoughtfully arranged Vocational Training Exhibition, where students proudly displayed their handcrafted items and skill-based projects. The celebration ended on a joyful note with gift distribution for the children and refreshments for all attendees. A special lunch was organized at 1:00 PM in honor of the Chief Guest and distinguished invitees, bringing the program to a warm and memorable close.

EPILEPSY AWARENESS DAY



As 17th November 2024 fell on a Sunday, Shri Nirmal Vivek Special School, Hostel, and VTC celebrated Epilepsy Awareness Day on 18th November. All parents of the school were invited to attend the program.

The event began with the ceremonial lighting of the lamp dedicated to Maa Saraswati. Mrs. Jyoti Mahavar and Ms. Shayal Jakhar initiated the program. Ms. Jakhar provided an overview of epilepsy, informing parents about its symptoms and causes. She also discussed various treatment methods for children with epilepsy and advised parents to follow medical guidance carefully.

Following this, Mrs. Urmila Kothari, mother of Nikhil—a pre-primary student affected by epilepsy—shared her personal experiences. She recounted, *"Initially, we didn't realize our child had epilepsy. We consulted a doctor due to his unusual behavior, and only then received the diagnosis. The initial medications didn't help and his condition worsened. We later consulted another doctor, who adjusted his medications and recommended dietary changes. When my child joined this school, I spoke to psychologist Mrs. Prerna Goswami, who offered valuable suggestions. Implementing those has led to significant improvement in his behavior."*



Mrs. Kothari urged all parents to accept and respect the unique needs of their children, emphasizing the importance of social inclusion.

The students of the institute then performed a skit to raise awareness about epilepsy. The performance was well-received by the parents, helping to dispel common misconceptions about the condition.

Mrs. Jyoti Mahavar concluded the program by thanking all the participants.

ADHD AWARENESS DAY

Sri Nirmal Vivek Special School, Hostel, and VTC observed ADHD Awareness Day on 21st October 2024. All school parents were invited to the event, which began with the traditional lighting of the lamp of Maa Saraswati.

The program was coordinated by Mrs. Chandrakanta Muraria and Mrs. Anand Singh. Mrs. Muraria provided an informative session on ADHD, discussing its symptoms, causes, and treatment techniques. She highlighted behavioral interventions such as positive and negative reinforcement, time-outs, and various related activities like martial arts, music, dance, group activities, and gardening.

Following her talk, the school's physiotherapist, Dr. Madan Mohan Khinchi, introduced several therapy techniques beneficial for children with ADHD, including:

1. Magnetic Board Activity
2. Sandbag Activity
3. Clay Activity
4. Treadmill Activity
5. Peg Ball Activity
6. Panchakarm Therapy
7. Sensory Integration Therapy using fabrics like rayon and cotton



The event concluded with an open session where parents shared their experiences and insights.

Health & Eye Check-up

A free eye screening camp was held on 3rd and 4th September 2024 at Shri Nirmal Vivek Special School. The camp was organized by the Sight First Foundation, Jaipur, under the guidance of Dr. Abhinav Maharwal (HOD). The program began at 10 AM, led by Dr. Diljot and a team of three interns.



Children and parents were examined using modern diagnostic equipment. Those identified with eye issues were provided appropriate treatment advice. The visiting team was offered refreshments and taken on a tour of the school



premises. Dr. Maharwal and his team appreciated the facilities and efforts made by the school for children with special needs. He expressed willingness to continue supporting the school in the future. The principal concluded the event by thanking the Netra team for their valuable service.

National Sports Day Celebration

Shri Nirmal Vivek School celebrated National Sports Day on 29th August 2024, in memory of legendary hockey player Major Dhyan Chand. The event began with the ceremonial lighting of the lamp.

Children from various classes participated in a range of sports activities:

- NIOS class: Target running games
- Secondary class: Running races
- EIG class: Target-based games
- Pre-primary I & II: Pick-and-drop saucer games
- VTC class: Musical chairs

All students participated enthusiastically. The program

concluded with a vibrant dance performance by the girl students of the school.

Prizes were awarded to students who secured first and second positions in their respective events.

The celebration aimed to highlight the importance of sports and physical activity in daily life. Events like these promote national unity, a healthy lifestyle, and inspire the younger generation to remain active and engaged in physical fitness.



Summer Camp

As in previous years, Shri Nirmal Vivek Special School organized a summer camp from May 16 to May 22, 2024. Participation was mandatory for parents along with their children. The camp featured a variety of engaging activities, all coordinated by the parents themselves. Children practiced new yoga postures, learned fruit and vegetable



cutting, and prepared dishes like Chaat and Bombay sandwiches. In art and craft sessions, they made paper bags, decorative gift envelopes, and tried Bagru printing on fabrics. Fun games and group activities brought joy to both children and parents.

Awareness and motivational sessions were also held for parents, with invited speakers Mrs. Pratibha Bhatnagar and Mr. Anurag Srivastav. The camp concluded with a fun-filled picnic to Fun Kingdom, where families enjoyed amusement rides and rain dancing. Parents expressed a strong desire for such outings to be organized more frequently.

Autism Awareness Day

On April 2nd, Shri Nirmal Vivek Special School observed Autism Awareness Day with the aim of dispelling misconceptions about autism and raising awareness in society. During the program, parents asked questions regarding their children's challenges, which were addressed thoughtfully by the school's rehabilitation staff.



Additionally, parents of children with autism shared their personal experiences, offering support and insight to others.

World Speech Day

On 15th March 2024, Shri Nirmal Vivek School celebrated World Speech Day. The program focused on children facing challenges related to language and speech, and their parents were specially invited.

The event began with the ceremonial lighting of the lamp of Maa Saraswati. The school's speech therapist opened the session by explaining the fundamentals of language and speech development in children. She discussed the stages of language development—how a child starts by making different sounds, progresses to speaking single words, then two-word phrases, and eventually forms complete sentences. She emphasized that delays or abnormalities in these stages may indicate speech and language disorders.

In addition to developmental delays, the therapist outlined other factors that can affect speech and language, such as genetic issues, structural abnormalities (like cleft palate), throat cancer, and hearing impairments.

She explained the importance of Speech Therapy in managing these issues, stating that although complete correction may not always be possible, significant improvements can be made. She described therapy activities including tongue exercises, mirror work, palate and tongue coordination, as well as using pictures, action words, and storybooks. Parents were encouraged to play an active role and to follow home therapy plans regularly, which can accelerate progress in children.

Children then participated in speech-related activities such as self-introductions, counting from 1 to 10, reciting names of fruits and animals, and performing poems. Their efforts were appreciated and applauded by everyone.

In conclusion, the school principal reminded parents to maintain regular contact with the speech therapist and to consistently practice the suggested activities at home. He also emphasized that the objective of celebrating World Speech Day is to raise awareness, spread new ideas, and inspire change by supporting children with speech and language difficulties.

World Down Syndrome Awareness Day



On 21st March 2024, Shri Nirmal Vivek School commemorated World Down Syndrome Day with an informative and motivational program. All parents were invited to participate.

The event began with the traditional lighting of the lamp of Maa Saraswati. The session opened with a discussion on Down Syndrome—its causes, symptoms, and the challenges faced by children affected by it. The importance of early intervention was emphasized, including how early signs can be detected through screenings, blood tests, and ultrasounds. The significance of timely diagnosis and early support was also explained.

The session continued with a discussion on managing Down Syndrome through proper education, training, and emotional support. It was highlighted that with the right care, these children can learn, write, and become self-reliant. Activities like exercise, yoga, meditation, swimming, and other physical activities were recommended to help improve both mental and physical well-being.

In the closing remarks, the principal encouraged parents to lead joyful lives with their children and motivate them to move forward. He emphasized the importance of mutual support, suggesting regular group meetings and ongoing communication among parents for sharing experiences and ideas.

Several parents shared heartfelt stories about their

own journeys with their children, expressing joy and pride in raising them. Their experiences inspired others and fostered a sense of unity and shared purpose.

The main goal of celebrating World Down Syndrome Day is to raise awareness and educate society about Down Syndrome while promoting the inclusion and dignity of individuals living with it.



International Day of Persons with Disabilities

As in previous years, Shri Nirmal Vivek School celebrated International Day of Persons with Disabilities on 2nd December 2023 with enthusiasm and spirit.

The program commenced with the lighting of the lamp by the school principal, Mr. C.S. Trivedi. The chief guest of the event was Mr. V.K. Singhvi. A variety of fun and engaging activities were organized, including dance, singing, games, "Dressing According to Time Period," musical chairs, and running races. A selfie point was also set up for children to capture their joyful moments.

All students participated enthusiastically, followed the instructions diligently, and thoroughly enjoyed the activities. Prizes were awarded to students who secured first, second, and third places in different events. These awards were presented by the executive member of the institution and the chief guest, Mr. Singhvi, who praised and encouraged the children.



The purpose of this celebration is to promote awareness of disability-related issues, support the dignity and rights of individuals with disabilities, and bring happiness and entertainment into the lives of the children.

EXHIBITIONS -

- Diwali Fair Exhibition

On October 28, 2024, a Diwali Fair was held at Apex University. Products made by students of the "Samarth" VTC (Vocational Training Centre) were displayed at the event. Members of the Jewel of India Society attended the exhibition, appreciated the handmade items, and purchased several products. The stall received an overwhelmingly positive response from visitors.

- Visit of NIOS Class Students to Hindu Spiritual Fair

On Monday, 30th September 2024, the NIOS class students visited the Hindu Spiritual Fair at Adarsh Nagar, Dussehra Ground, as part of an educational tour. The visit coincided with the final day of the fair, which featured a special program titled “*Paramveer Vandan.*”

The children began the day by offering floral tributes to the Paramveers, followed by watching a patriotic play. The fair echoed with chants of “*Bharat Mata Ki Jai*” and “*Vande Mataram*” as patriotic songs played throughout the venue.

Students explored various informative stalls. At one stall, they learned about the *Shri Bhagwan Mahavir Viklang Sahayata Samiti* and Jaipur Foot. Another stall provided training on CPR techniques for heart attack emergencies. At a different stall, students discovered products made from cow urine and milk.

One particularly impactful stall emphasized the importance of caring for the elderly. Children took an oath to always serve their parents and never send them to old age homes. If they ever encountered elders in distress, they were encouraged to refer them to *Shri Ram Mandir Old Age Home*.

At another exhibit, children learned about the benefits of meditation for mental peace. They also explored several science projects including:

- A smart helmet that detects potential dangers in advance.
- A smart mirror that displays the date, day, and time.
- An automatic water-cleaning robot designed to purify rivers and ponds.
- A website called *Cure Connect*, which helps identify illness causes and suggests medicines.

The students gained valuable insights from these exhibits and thoroughly enjoyed the educational experience.

SUCCESS STORY

Name: Aditi Sharma
Date of Birth: 05.10.2004
Father's Name: Shri Shriram Sharma
Disability: Mild Mental Retardation (M.R.)



Case History:

Aditi Sharma was enrolled to Shri Nirmal Vivek Special School during the academic session 2018–2019. Prior to this, she studied at Central Academy School, a mainstream institution. After the unfortunate passing of her mother, Aditi began living in a joint family with her father, aunt, uncle, and younger siblings.

Due to her mental capabilities not being on par with those of other children in her class, along with possible psychological challenges, Aditi was unable to cope in a regular school environment and was eventually expelled after two years. Following this, she was enrolled in Vaani, a speech therapy centre, where she learned to read and write.

Later, Aditi joined Shri Nirmal Vivek Special School. Upon conducting her psychological assessment, it was observed that she faced social difficulties, lacked self-confidence, and struggled particularly with Mathematics and English. The first step taken was to provide

psychological counselling to both Aditi and her parents in a supportive and loving environment, which helped boost her self-confidence. She was reassured that she could learn just like other children.

Foundational concepts in Maths and English were reinforced, and she received daily motivation and encouragement. Gradually, Aditi began learning alongside her peers and showed remarkable progress. Her growing confidence and positive behavior led the school to consider her reintegration into a mainstream academic setting.

After continuous counselling sessions with her parents, Aditi was enrolled in Class 5 at a regular school. Though her father repeatedly requested her re-admission to Shri Nirmal Vivek Special School, the team encouraged and reassured him that Aditi was capable of succeeding in a mainstream environment.

Today, Aditi has successfully passed Class 10 under the Rajasthan Board of Secondary Education.

Well done, Aditi! Heartfelt congratulations to her and her family.